

PRO = Patient Reported Outcomes are standardized, questionnaires that ask patients about their health status and quality of life.

By sharing this important information, your care team will have a better understanding of your symptoms, your quality of life and your emotional wellbeing. This information can help them understand your needs in terms of education, support and treatment. Radiation treatment centres that support the collection and use PROs recognize the benefits of this personalized approach to your care and believe that it supports patient empowerment and satisfaction.

PROMs (Patient Reported Outcome Measures) offer a common language to interact with your clinician, remind you of key symptoms you may wish to flag, and help your clinician identify the issues MOST in need of review during your visit.

.The following are some examples of questions that may be included in a PROM:

Example: Pain levels

<input type="radio"/> None	I have not had pain.
<input type="radio"/> Grade 1 (Mild)	I have had mild pain, but it does not interfere with my normal functioning.
<input type="radio"/> Grade 2 (Moderate)	I have had moderate pain, and my pain or my use of pain medications interferes with my normal functioning. But I am still able to carry out my normal daily activities.
<input type="radio"/> Grade 3 (Severe)	I have had severe pain, and my pain or my use of pain medications severely interferes with my normal daily activities.
<input type="radio"/> Grade 4 (Disabling)	My pain has been disabling.

Example: Shortness of Breath (Dyspnea)

<input type="radio"/> None	I have not had shortness of breath (with exercise or rest).
<input type="radio"/> Grade 1 (Mild)	I have been short of breath with exercise, but I can walk up 1 flight of stairs without stopping.
<input type="radio"/> Grade 2 (Moderate)	I have been short of breath with exercise but I am not able to walk up 1 flight of stairs or 1 city block without stopping.
<input type="radio"/> Grade 3 (Severe)	I have been short of breath during my normal daily activities (dressing, showering, cleaning, cooking, etc).
<input type="radio"/> Grade 4 (Disabling)	I have been short of breath even when I am resting in bed or in a chair.